







سخنگوی کمیسیون بهداشت مجلس خبر داد:

## نامه کمیسیون بهداشت به رئیس جمهور برای منظور چاره اندیشی در مورد حوزه دارو

اعضای کمیسیون در رابطه با کمبودهای دارویی و بودجه پیش بینی شده برای طرح دارویار در لایحه بودجه ۱۴۰۲ انتقادات و نگرانی‌هایی دارند و مقرر شد پیرو جلسات برگزار شده در مجلس و درخواست از رئیس جمهور وزارت بهداشت کمبودهای دارویی را به گونه‌ای مدیریت کند و همچنین کمیسیون بهداشت نیز نشست فوری را با رئیس جمهور برای تبادل نظر در مورد مشکلات حوزه سلامت داشته باشد. زهرا شیخی از بررسی علت عدم تحقق و اجرای شدن بند (ج) تبصره ۱۷ قانون بودجه ۱۴۰۱ کل کشور با حضور معاون درمان وزارت بهداشت، درمان و آموزش پزشکی، مسئولان جهاد دانشگاهی، پژوهشکده

توسط امام جمعه شهرستان نائین انجام شد؛

## حضور در اداره امور مالیاتی شهرستان

همزمان با ایام الله دهه فجر حضرت حجه الاسلام والمسلمین مطهر خو امام جمعه شهرستان نائین در بازدید از اداره امور مالیاتی شهرستان نائین ضمن تقدیر و تشکر از همکاران امور مالیاتی شهرستان سر فرهنگ سازی مالیاتی و ایجاد بستر مناسب جهت رشد و اعتلای فرهنگ پرداخت مالیات و جایگاه مالیات در اقتصاد کشور تاکید نمود. وی بیان کرد: تریبون نمازجمعه متعلق به مردم است و در راستای جهاد تبیین و بیان اهمیت و هزینه کرد مالیات آماده هرگونه کمک و خدمت به مردم می‌باشد. شایان ذکر است در این دیدار گزارشی از اقدامات انجام شده در راستای اطلاع رسانی و فرهنگ‌سازی مباحث مالیاتی بیان گردید.

به گزارش روابط عمومی فرمانداری فریدن، عزیزاله عباسی فرماندار شهرستان فریدن بمناسبت سالروز میلاد با سعادت سومین اختر آسمان تابناک امامت و ولایت و روز پاسدار پیام تبریکی صادر نمود. در این پیام آمده است: به پاس پاسداریشان از عزت، شرف، کیان،



فرماندار اردستان:

## نظارت بر بازار برای مردم ملموس باشد

فرماندار اردستان گفت: بازرسی‌های شب عید باید به گونه‌ای باشد که مردم و شهروندان تغییر در بازار و اصناف و ارائه خدمات را لمس کنند. سید محمدهادی احمدی طیار، در کارگروه تنظیم بازار شهرستان در فرمانداری اردستان، اظهار کرد: با وضعیتی که در موضوع کالاهای اساسی، قیمت‌های بازار، ارز و مشکلاتی که برای معیشت مردم به وجود آمده می‌طلبد که اعضای کارگروه تنظیم بازار مستحکم‌تر از هر زمانی پای نظارت و بازرسی‌ها بایستند. وی با تاکید بر تشدید نظارت و بازرسی‌های بازار شب عید و ایام قبل از ماه رمضان، افزود: از این پس جلسات کمیته اقدام مشترک و تنظیم بازار و ستاد خدمات به صورت هفتگی برگزار خواهد شد و دستگاه‌های متولی باید گزارش و اقدامات خود را به صورت مکتوب ارائه دهند.

فرماندار اردستان با بیان اینکه بازرسی‌های شب عید باید به گونه‌ای باشد که مردم و شهروندان تغییر در بازار و اصناف و ارائه خدمات را لمس کنند، خاطر نشان کرد: اتاق اصناف شهرستان باید نسبت به توجه و برنامه‌های خود برای تخفیف‌های فوق العاده و ویژه شب عید برنامه ریزی کند. احمدی طیار از دستگاه‌های بازرسی و نظارتی شهرستان خواست اصناف و فروشندگان حاشیه کمربندی و محور ترانزیت اردستان را به صورت ویژه بررسی کنند زیرا گزارشی در خصوص تداخل صنفی و عدم مجوزهای صنفی و بهداشتی و گران فروشی اینگونه اصناف به فرمانداری رسیده است. همچنین تبلیغات

محیطی اصناف حاشیه کمربندی بسیار زشت و زنده ایجاد کرده که اداره اهناری باید نسبت به ساماندهی آن اقدام کند. وی در خصوص بی‌توجهی شهرداری اردستان نسبت به ساماندهی بازار ترخون و بازار روز گفت: مکاتباتی با شهرداری اردستان صورت می‌گیرد تا نسبت به کم کاری که در این خصوص صورت گرفته پاسخگو باشند. **جریمه سنگین در انتظار اصناف متخلف** همچنین رئیس اداره تعزیرات حکومتی شهرستان اردستان با اشاره به ارسال پرونده‌های بازرسی به این اداره گفت: از دو ماه گذشته تاکنون ۱۷۷ پرونده تخلف از ادارات صمت، جهاد کشاورزی، شبکه بهداشت، شرکت نفت، منابع طبیعی و پلیس آگاهی به اداره تعزیرات حکومتی ارسال شده است. امید سلامی با بیان اینکه تمام پرونده‌های ارسالی به تعزیرات حکومتی در کوتاه‌ترین زمان مختومه شده است، خاطر نشان کرد: پرونده‌های ارسالی به تعزیرات حکومتی بیش از ۱۵ میلیارد ریال جریمه نقدی برای متخلفان به همراه داشت. وی تصریح کرد: جریمه‌های تعزیرات حکومتی افزایش چشم‌گیری داشته و به اصناف شهرستان این تذکر و اطلاع داده می‌شود که به هیچ عنوان تخلفی نداشته باشند، زیرا با توجه به قانون جدید اگر پرونده تخلف آنها به تعزیرات ارسال شود، ضمن صدور جریمه‌های سنگین، بدون هیچ‌گونه تخفیفی باید حداکثر مبلغ جریمه پرداخت شود.

فرماندار شهرستان فریدن:

## سپاه پاسداران از سرمایه‌های اجتماعی کشور است

ناموس و مام وطن نام پاسدار را برایشان انتخاب نمودند و به حرمت اقتدا به بزرگ پاسدار دین و آزادی سوم شعبان سالروز ولادت با سعادت سرور و سالار شهیدان حضرت اباعبدالله الحسین علیه السلام را به نامشان نامگذاری نمودند. سبزه پوشانی مقتدر که در کوران حوادث و سختی‌ها با مجاهدت و اعجاز آفرینی همواره مدافع حریم نظام و مردم بوده و بدون تردید حماسه آفرینی‌ها و فداکاری‌هایشان در دستیابی نظام به توفیقات بیشتر در عرصه داخلی و خارجی تأثیر گذار بوده و می‌باشد و حقیقتاً سپاه پاسداران از سرمایه‌های اجتماعی کشور به شمار می‌رود. اینجانب ضمن تبریک میلاد با سعادت پیشوا

با حضور استاندار اصفهان:

## کلنگ‌زنی احداث مجتمع فرهنگی و آموزشی رضوانشهر

کشور را مهم خواند و افزود: در حوزه علمی جهش خوبی صورت گرفته و در جنگ اقتصادی هم به سر بلندی خواهیم رسید. وی ادامه داد: دشمن با پیشرفت‌های علمی و اقتصادی ناامید می‌شد که تبیین دستاوردها برای نسل جوان لازم است. مرتضوی خاطر نشان کرد: نسل جدید را باید راهنمایی کنیم و آگاهی بخشی صورت بگیرد تا بحران نداشته باشیم. وی به طرح و پروژه‌های دخترانه و پسرانه و تیران و کرون همت و اراده خوبی با حضور خیران رقم خورده که نهضت مدرسه سازی از جمله آن است. همچنین فرماندار تیران و کرون در این جلسه گفت: ۳۷ پروژه مدرسه سازی در این شهرستان در حال اجرا است. علی محمدی کیا افزود: سه پروژه به زودی به بهره برداری می‌رسد و مابقی در حال اجرا و تکمیل و تجهیز است. وی ادامه داد: خیران در احداث پروژه مشارکت خوبی داشتند و دولت در تکمیل و یا تجهیز آن همکاری می‌کند

فرماندار اردستان:

## رسانه‌ها باید به توسعه شهرستان کمک کنند

فرماندار اردستان گفت: رسانه‌ها با بهره‌گیری از توانمندی‌های حرفه‌ای و تخصصی خود می‌توانند با هم افزایش با مدیران، ظرفیت‌های اقتصادی، فرهنگی و گردشگری شهرستان را به درستی معرفی کرده و در توسعه منطقه اثرگذار باشند. سید محمد هادی احمدی طیار زواره در نشست کمیته رسانه و فضای مجازی اردستان افزود: در حال حاضر بیشتر رسانه‌های این شهرستان همگام و همراه با مسوولان هستند و برای پیشرفت و توسعه اردستان کام برمی دارند.

وی اظهار کرد: خبرنگاران نقش مهمی در آگاهی بخشی و اطلاع رسانی دارند و با تولید خبرهای خوب و پرمحتوا به ایجاد فضای پرنشاط و امیدبخش در جامعه کمک می‌کنند. فرماندار اردستان بیان کرد: خبرنگاران و فعالان فضای مجازی باید خبرهای خوب و پدیدار در کانال‌های مختلف بازنشر کنند تا خبر، اثرگذاری بیشتر پیدا کند، همان کاری که رسانه‌های معاند انجام می‌دهند و خبرهای نادرست را با چندین بار بازنشر به مخاطب القا می‌کنند.

احمدی طیار زواره گفت: عملکرد خبرنگاران شهرستان خوب است، از طرفی مصوبه شورای فرهنگ عمومی اردستان در رابطه با نحوه اطلاع رسانی نقشه راهی برای شهرستان خواهد بود. وی افزود: مدیران اردستان باید انتقاد پذیر باشند و از نقد سازنده رسانه‌ها استقبال کنند، همانطور که به برخی رسانه‌ها نیز انتقاد وارد است، کمیته رسانه و فضای مجازی اردستان بنا دارد اقدامات توسعه‌ای انجام شده توسط دولت را به جامعه انتقال دهد. فرماندار اردستان بیان کرد: مدیران شهرستان با حضور در بین



گزارش تصویری

کاظم قانع / خبرنگاری ایرنا



گزارش ویژه

معاون استاندار اصفهان:

## ساماندهی ورودی شهر بهارستان اصفهان زمان‌بر است

معاون هماهنگی امور عمرانی استانداری اصفهان گفت: اگرچه ساماندهی ورودی شهر بهارستان اصفهان با هدف جلوگیری از آلودگی در هنگام بارش‌ها زمان‌بر است اما این امر نباید به اختلال در تردد مردم منجر شود.

مهران زنیلیان افزود: این مشکل با همکاری دستگاه‌های مختلف از جمله اداره کل راهداری و حمل و نقل جاده‌ای استان، شرکت آب منطقه‌ای اصفهان و سایر دستگاه‌های مرتبط در سریع‌ترین زمان ممکن برطرف شود. وی ادامه داد: در بارش‌های اخیر علی‌رغم همه تلاش‌های انجام شده نقاط ضعفی وجود داشت که مردم را با مشکل مواجه کرد و نباید به سادگی از آنها گذشت؛ بلکه یاستی با مرور و بررسی دوباره، برای مشکلات راهکار اندیشید.

معاون هماهنگی امور عمرانی استانداری اصفهان با تاکید بر مستندسازی اقدامات انجام شده در استان در شرایط بارش برف و باران و امداد رسانی به سایر استان‌ها، گفت: جامعه امروز ما نیازمند آمیذ و همدلی است. در ایام گذشته تلاش‌های فراوانی برای امداد رسانی در سراسر استان و سایر استان‌های همجوار انجام شد که شایسته است به نحو مطلوبی در معرض دید و اطلاع مردم قرار بگیرد.

زنیلیان افزود: زمانی که مردم از تلاش دستگاه‌های مختلف در روزهای بحرانی باخبر شوند؛ به خدمت رسانی دولت دلگرم می‌شوند. وی پس از ارائه گزارش دستگاه‌های اجرایی در بارش‌های اخیر استان، اظهار داشت: تجربیات روزهای گذشته و مشکلات اجرایی به صورت انحصاری در قالب کمیته‌های تخصصی مطرح، بررسی و نتیجه تصمیمات هر کمیته به جلسات کمیسیون ایمنی راه استان ارائه شود تا مشکلات به صورت بنیادین برطرف شوند.

زنیلیان خاطر نشان کرد: در روزهای گذشته شهرداری‌ها و دهیاری‌های استان به خط بودند و تا حد امکان تلاش کردند تا مشکلات ناشی از بارش شدید باران و برف برطرف شود اما به دلیل نقص در زنجیره مدیریتی، خلأهایی ایجاد و باعث مسدود شدن مسیرها و مشکل برای مسافران شد. معاون هماهنگی امور عمرانی استانداری با اشاره به ایام نوروز و ماه مبارک رمضان، گفت: پیش بینی می‌شود سفرهای نوروزی از روزهای پایانی اسفندماه آغاز شود لذا ضروری است کلیه دستگاه‌های مرتبط برای رقم زدن نوروزی ایمن تلاش کنند و در این خصوص برنامه ریزی داشته باشند.

زنیلیان خاطر نشان کرد: حسب آمارهای ارائه شده برگزاری منظم و مستمر کمیسیون ایمنی راه‌ها نقش مستقیمی در کاهش تصادفات و آلودگی استان در مقابله با معضلات به جود آمده در یک سفرها دارد. وی افزود: از این رو به نحوی برنامه ریزی شود تا ضمن برگزاری جلسات منظم و مستمر رصد قابل قبولی از وضعیت راه‌های استان در ایام نوروز داشته باشیم و برای کاهش مشکلات تلاش کنیم.

شهر جدید بهارستان در ۱۵ کیلومتری جنوب اصفهان و در مسیر اصلی اصفهان - شیراز واقع است، در بازدیدهای اخیر آلودگی شدید و گسترده در ورودی این شهر سبب اختلال در عبور و مرور شد. دهمین جلسه کمیسیون مدیریت اجرایی ایمنی حمل و نقل استان با حضور معاون هماهنگی امور عمرانی استانداری اصفهان و با سه دستور جلسه پیگیری مصوبات نشست گذشته، بررسی آمادگی استان جهت بارش‌های فصلی در محورهای استان و ایمنی سفرهای نوروز ۱۴۰۲ در محل استانداری برگزار شد.

## Important

### Iran-China joint statement indicative of Tehran's global strength: MP

An Iranian lawmaker has hailed the positive results of the recent trip by Iranian President Ayatollah Ebrahim Raisi to China, saying the joint statement issued during the trip indicated Iran's global strength.

The lawmaker, Shahriyar Heidari, who is a member of the Parliament's National Security and Foreign Policy Committee, said the trip was of "strategic" importance, Iran's official news agency IRNA reported on Friday.

"This is a strategic trip to implement the 25-year strategic document between Iran and China, which can create a huge transformation for the economy of the two countries," Heidari told IRNA.

"China has signed the 25-year strategic agreement while in the know about the pressures on the Islamic Republic. The prospect of this agreement was made regardless of the American sanctions and it leads to the development of the level of bilateral economic cooperation and the strengthening of political and cultural interactions for the two countries," he said.

He pointed out that the resources that both parties should invest are defined. "Iran and China, two powerful countries, share a common view of the international system, and this creates power for these two countries and influences other countries and can be a threat to the unilateralism of the United States in the international system," he noted.

The lawmaker continued, "While the Islamic Republic is subjected to cruel sanctions by European countries and America, the visit of the president to China can be effective in neutralizing the sanctions."

Underlining that China is a powerful country in the world in the economic field, Heidari said, "This trip has widely reverberated at the international level and shows the strengthening of the economic diplomacy of the 13th government." Commenting on the joint statement issued by the presidents of Iran and China, the lawmaker said, "The countries of the Middle East need to review their behavior in the field of foreign policy. There should be more unity and solidarity between the countries without the presence of foreigners. Therefore, the Islamic Republic's view of regional security and the use of the countries' capacity has been without the presence of the United States."

Heidari added, "One of the goals of the Islamic Republic has been to ensure the security of the Middle East by these countries themselves so that America does not have an excuse to be present under the pretext of Iran phobia and threats."

The lawmaker also referred to the issue of the Iran nuclear deal, formally called the JCPOA, which was mentioned in the joint statement. "China and Russia are members of JCPOA; China always believes that the Islamic Republic is advancing its program within the framework of the (International) Atomic (Energy) Agency institutions, and the United States is looking for accusations in order to get concessions from different countries under this pretext," he said.

Stating that China's view on the JCPOA was positive, he clarified, "China has played a good role in JCPOA issues and is considered a powerful economic country and a serious competitor of America, therefore issuing a joint statement between Iran and China indicates the impact of the power and authority of the Islamic Republic in the international system."

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## West scapegoating Iran on Ukraine war



Friday marked the first anniversary of a war in Ukraine that drastically impinged on international relations, including relations between Iran and the West.

Right from the start, Iran has called for dialogue and political resolution to the conflict in Ukraine. While Iran blamed the breakout of the Ukraine war on the NATO expansion to the east, it refrained from taking sides in the war and thus refused to fan the flames of the war by supplying the warring sides with weapons.

Despite Iran's clear-cut stance on the war, the Europeans and Americans pointed the finger of the blame on Iran for allegedly supplying Russia with combat drones, something that Iran roundly rejected.

In a non-paper to the United Nation in October last year, Iran said its position on the Ukraine war was "clear, consistent, and unwavering" and it has been pronounced since the start of the conflict.

"From the beginning, the Islamic Republic of Iran has always emphasized that all UN Members must fully respect the purposes and principles enshrined in the United Nations Charter as well as applicable

international law, including sovereignty, independence, unity, and territorial integrity," the non-paper said.

As regard drone provision, Iran said it "categorically rejects unfounded and unsubstantiated claims that Iran has transferred unmanned aerial vehicles for use in the conflict in Ukraine. Such claims are nothing but a propaganda apparatus launched by certain states to further their political agenda."

The West, however, continued to level accusations against Iran, prompting Iran to reach out to Ukrainian authorities to clarify the situation. Many meetings have reportedly been held between the two sides, with the Ukrainian failing to present any piece of evidence to back Western allegations regarding the Iranian drones.

Western countries did not offer evidence to back their claims too. However, they continue to level accusations. Pundits believe that the kerfuffle over drones is part of a broader plot to get Iran entangled in the Ukraine war through media propaganda. This is while the West is flooding Ukraine with deadly weapons. Observers note that Americans and Europeans are looking for excuses

and even making excuses to put pressure on Iran. The war in Ukraine and the above claim are one of these excuses to justify their bad faith and hostility toward Iran, especially in regard to the ill-fated 2015 Iran nuclear deal, officially known as the Joint Comprehensive Plan of Action.

In this regard, the West is enlisting members of the Iranian diaspora who seek to exploit European fears of war in Europe to advance their treacherous agenda.

This is while Iran has always supported peaceful solutions to the war in Ukraine and its latest vote in the UN General Assembly is a case in point.

In its latest diplomatic initiative, Iran voiced support for forming a cross-regional group of states to bring the war in Ukraine to an end. The announcement was made by Iranian Ambassador to the United Nations Amir Saied Iravani.

Addressing the UN General Assembly's eleventh emergency special session on Ukraine on Thursday, Iravani said that Tehran "supports the idea of leveraging the Secretary General's capacity, as mandated by the UN Charter, to establish a cross-regional group of inde-

pendent, competent, impartial countries. The Islamic Republic of Iran is ready to contribute to this process."

This can facilitate dialogue and help find a way out of the current "impasse", he added, according to Press TV.

Iravani stressed that Iran's position with regard to the war in Ukraine has not changed. "We are steadfast in our commitment to upholding the principles and purposes enshrined in the Charter of the United Nations, including the principles of sovereign equality and territorial integrity of States."

"We urge all parties to fully comply with their obligation on the international humanitarian law including taking constant precautions to protect civilians and critical infrastructure and facilitating access to safe and unfettered access to humanitarian aid for those in need," said the diplomat.

Noting that the ongoing conflict is "detrimental to both parties as neither can earn any long-term advantage", he added that "it is crucial for all involved parties to abandon the military ambitions and prioritize finding a peaceful diplomatic resolution."

Iravani also pointed to the need

to solve the root causes of the conflict. "By prioritizing dialogue and diplomacy and addressing the underlying cause of the conflict we can take a crucial step toward achieving a solution that not only mitigates the devastating humanitarian part but also restores regional stability and security," he said. He continued, "As a first step, we call for an immediate and comprehensive ceasefire, coupled with the provision of humanitarian aid to those in need, which should take precedence over all else."

The diplomat also criticized the draft of the proposed resolution, saying, "Unfortunately, the proposed text falls short of comprehensively and impartially addressing all aspects of the issue and fails to acknowledge the conditions and provocations that have contributed to the crisis."

He noted that the actions and policies of certain sponsors of this resolution raise doubts about the political will to resolve the dispute peacefully. The Iranian ambassador also referred to Iranophobic allegations made by Israel.

"Iranophobic campaign and widespread systematic dissemination of disinformation and baseless allegations against Iran have always been one of the main elements of the statements by the Israeli regime at the UN," he said.

"The Israeli regime cannot conceal its brutalities in Palestine or distract attention from its long-standing malign activities and demonic policies in other countries," he said, adding that the regime is "notorious for its atrocities and apartheid policies against the people of Palestine and the region by targeting innocent people including women and children."

The Israeli regime continues to commit flagrant and systematic violations of human rights and all norms of international humanitarian law, the diplomat said.

### Arvand Free Zone attracts \$75m of domestic investment in 10 months

Arvand Free Trade Zone, in Iran's southwestern province of Khuzestan, attracted 30 trillion rials (about \$75 million) of domestic investment in the past ten months, according to an official with Arvand Free Zone Organization.

Ruhollah Khazaei, the deputy managing director of the organization for investment making and businesses development, said that free zones have advantages over the mainland that create the necessary attraction for investment, and Arvand Free Zone is more attractive to investors than other free zones in the country due to having special incentives.

He referred to the easy granting of investment permits, legal facilities for importing raw materials and production line, and tax exemption as some of these incentives.

Last August, the previous secretary of the Free Zones High Council announced that the trade balance of the country's free trade zones has become \$35 million positive for the first time in 30 years.

According to Saeid Mohammad, there are currently 15 free trade zones and 33 special economic zones active in the country and the necessary licenses have also been obtained for the establishment of 79 new special economic zones.

The official noted that although the overall trade balance of the free trade and special economic zones together has always been positive, this is the first time that the foreign trade balance of the free trade zones becomes positive separately.

Underlining the important role that free trade and special economic zones play in the country's economic growth, Mohammad said, "The main function of free zones is to facilitate export, production, foreign exchange, entry of new technologies and promotion of knowledge-based companies."

According to Mohammad, 360 trillion rials (about \$900 million) of investment has been made in the country's free trade zones in the past Iranian calendar year 1400 (ended on March 20, 2022). The establishment of free trade zones (FTZs) in Iran dates back to the Iranian calendar year 1368 (March 1989 - March 1990) following the fall in the country's oil income in the preceding year which prompted the government to promote non-oil exports.

The first two free trade zones of Iran were established in the south of the country. The first one was Kish Free Trade Zone established in 1368 on Kish Island in the Persian Gulf and the second one was Qeshm Free Trade Zone established the year after on Qeshm Island in the Strait of Hormuz. Some five other free trade zones have been also established in the country since then, including Chabahar in southeastern Sistan-Baluchestan Province, Arvand in southwestern Khuzestan Province, Anzali in northern Gilan Province, Aras in East-Azerbaijan Province and Maku in West-Azerbaijan Province, both in the northwest of the country. The development of existing free trade zones and the establishment of new FTZs has become one of the major economic approaches of the Iranian government.

## 61,000 tons of shrimps farmed since last March



As announced by an official with Iran's Fisheries Organization (IFO), 61,000 tons of shrimps were farmed

in the country during the current Iranian calendar year (started on March 21, 2022).

Shahriyar Rostami, the director of planning and resource management of the IFO, said this year, 61,000 tons of farmed shrimp have been produced in the five coastal provinces of the country, which shows an increase of more than five percent compared to last year.

According to the Agriculture Ministry's planning, the amount of farmed shrimp production in the country will reach 160,000 tons by the end of the Iranian calendar year 1404 (March 20, 2026), the official announced.

The development of aquaculture and the production of fishery products has been put on the agenda as one of the transformative programs of the 13th government, he added.

In late January, Deputy Head of Fisheries Organization Mehdi Shakouri said that Iran is 98 percent self-sufficient in the production of equipment, larvae, and the feed used in shrimp farming.

He said this year over 5.5 billion shrimp larvae were produced in the country and more than 90,000 tons of feed was also produced by domestic producers.

## Iran FM to visit Moscow soon

Iranian Foreign Ministry spokesman Nasser Kanaani has announced that Iran's Foreign Minister Hossein Amir Abdollahian is set to pay a visit to Moscow soon for talks with the Russian officials.

Speaking with Sputnik on Friday, Kanaani also said Tehran and Moscow have cooperated on defense matters for years prior to the outbreak of the Ukrainian conflict.

The military and defense connections between the Islamic Republic of Iran and the Russian Federation is within the context of the two countries' shared interests and are not directed against any third country, the ministry spokesman stressed.

"Relations between Iran and Russia are dependent on the political desire of the two nations," Kanaani remarked.

He said military collaboration between Iran and Russia has a long history.

The comments came precisely one year after Russia launched what it refers to as a special military operation against Ukraine.

Moscow said that this operation is intended to halt

Kiev's persecution of the ethnic Russians in eastern Ukraine and "de-Nazify" the former Soviet republic. Western nations have been claiming that Iran has been supplying military drones to Russia in the war against Ukraine.

Tehran has categorically denied the accusations, pointing out that it has not transferred any drones to Russia for use in the conflict in Ukraine.

Kanaani emphasized that those who frequently propagandize against Iran and falsely charge it with aiding Russia in the Ukrainian crisis had to look at the magnitude of their weaponry supplies to that side.

Actions taken by countries selling tens of billions of dollars in arms to the one side of the conflict will lose lucrative business if the war ends, he said, adding that these powers do not want a "political approach" to the war.

Since the commencement of the crisis, Iran has sought to find a political solution to put an end to the conflict, he said.

The official stated that although there has always

been goodwill between Iran and Ukraine, it has suffered since last year as a result of the conflict in the country and political pressure from the West on Kiev. The UN General Assembly in New York on Thursday overwhelmingly backed a resolution condemning Russia's invasion of Ukraine a year ago.

It called for the withdrawal of troops from Ukraine and a halt to fighting.

The motion was backed by 141 nations with 32 abstaining and seven voting against.

China, India, Iran and South Africa were among the 32 countries to abstain in the vote.

The seven countries who voted against were Russia, Belarus, North Korea, Eritrea, Mali, Nicaragua and Syria.

Ukrainian Foreign Minister Dmytro Kuleba said the vote "made it clear that Russia must end its illegal aggression. Ukraine's territorial integrity must be restored".

"One year after Russia launched its full-scale invasion global support for Ukraine remains strong," he tweeted.

## Exports by cooperatives exceed \$1b in 9 months

Commodities worth over one billion dollars were exported by Iran's cooperative sector during the first nine months of the current Iranian year (March 21- December 21, 2022), registering a 16-percent increase year on year. As ISNA reported, products such

as dates, saffron, pistachios, and carpets are among the top exported goods by cooperatives. Cooperatives have also been very successful in exporting other food stuff like rice and teas, as well as plastic products and household appliances.

### Tehran hosts 13th RCUWM board meeting

The 13th meeting of the Regional Centre on Urban Water Management (RCUWM)'s governing board was held in Tehran on Thursday.

Chaired by Iranian Energy Minister Ali-Akbar Mehrabian, the event was attended by ministers, deputies and representatives of 15 countries and eight member organizations, the portal of the ministry reported.

The ministers of Tajikistan, Iraq, and Bangladesh, along with the deputies and representatives of the water sectors of Oman, Qatar, Armenia, Syria, India, Pakistan, Sri Lanka, Afghanistan, Lebanon, Turkey, and Switzerland, were among the attendees of the meeting.

Promotion of integrated management of water resources at the regional level, transfer of experiences and technical knowledge in the field of integrated management of rivers with the approach of revitalization, re-naturalization, and maintenance of their balance conditions, developing a regional cooperative mechanism in order to adapt urban water systems against climate change, designing and launching the regional drought risk monitoring system, forecasting and management (West Asia and Central Asia region), new water and wastewater treatment and recycling technologies with a focus on non-conventional water, improving the skills of specialists and technicians of urban water systems and improving water quality in the region from capacity building to capacity development and also, the preparation of a book on water governance in the member countries of the Center's Council of Governors were among the issues discussed at the event.

Speaking at the gathering, Mehrabian praised the significant role of the RCUWM, saying that the council is the highest pillar for the development of regional and international cooperation in the water sector, which mainly operates in the west, south, and central Asia as well as North Africa.

**Water industry exhibition held on sidelines of RCUWM meeting**  
Concurrent with the RCUWM meeting in Tehran, an exhibition was held to showcase Iran's latest achievements in the water industry.

The exhibition was held with the aim of introducing the achievements and capabilities of Iranian companies active in the industry to other members of the regional center of urban water management.

As reported, 10 large companies active in the country's water and electricity industry that have a history of international activities or a part of their products are exported to other countries participated in this exhibition.

Regional Centre on Urban Water Management (RCUWM) has been established under the auspices of UNESCO in 2002 in Tehran-Iran. It is associated with UNESCO through a formal agreement approved by the UNESCO General Conference.

# 11 Healthy, High-Calorie Fruits to Help You Gain Weight

Source: <https://www.healthline.com/nutrition/high-calorie-fruits#bottom-line>

By: PARISA JAMADI

For some people, gaining weight or building muscle can be challenging. Though fruits aren't usually the first group of foods that comes to mind when trying to bulk up, several types of fruits can provide the extra calories your body needs to gain weight. What's more, they pack important vitamins and minerals to support your health.

Here are 11 healthy and higher-calorie fruits that can help you gain weight.

#### Fresh fruits

Though most fruits are low in calories, many can help you gain weight due to their higher carb or fat contents.

Here are 4 fresh fruits that can help you gain weight.

#### 1. Bananas

Bananas are an excellent choice if you're looking to gain weight.

They're not only nutritious but also a great source of carbs and calories.

One medium-sized (118-gram) banana contains the following nutrients (1 Trusted Source):

- Calories: 105
- Protein: 1 gram
- Fat: 0.4 grams
- Carbs: 27 grams
- Fiber: 3 grams
- Vitamin B6: 26% of the Daily Value (DV)

- Manganese: 13% of the DV

#### 2. Avocados

Avocados boast an impressive nutrient profile. Plus, they're high in calories and healthy fats, making them an excellent choice for people looking to gain weight.

Half a medium-sized avocado (100-gram) contains the following nutrients (3 Trusted Source):

- Calories: 161
- Protein: 2 grams
- Fat: 15 grams
- Carbs: 8.6 grams
- Fiber: 7 grams
- Vitamin K: 17.5% of the DV
- Folate: 21% of the DV

#### 3. Coconut meat

Coconut is a versatile fruit that has gained popularity for its many health benefits. It's also a great source of calories, as it's high in fat and moderate in carbs.

A 1-ounce (28-gram) serving of coconut meat provides the following nutrients (5 Trusted Source):

- Calories: 99
- Protein: 1 grams
- Fat: 9.4 grams
- Carbs: 4.3 grams
- Fiber: 2.5 grams
- Manganese: 17% of the DV
- Selenium: 5% of the DV



Coconut flesh is also high in many important minerals, including phosphorus and copper.

#### 4. Mango

Mango is a delicious, sweet fruit that boasts an impressive nutrient profile. Like bananas, mangoes are a good source of calories — mostly from carbs.

One cup (165 grams) of mango provides the following nutrients (6 Trusted Source):

- Calories: 99
- Protein: 1.4 grams
- Fat: 0.6 grams
- Carbs: 25 grams
- Fiber: 3 grams
- Vitamin C: 67% of the DV
- Folate: 18% of the DV

In addition, mango is a good source of copper, several B vitamins, and vitamins A and E.

#### Dried fruits

Dried fruits are fruits that have had nearly all of their water content removed through various drying methods.

What's left is an energy-dense snack that, despite its small size, is very nutritious. Compared to fresh fruit, dried fruit offers a similar amount of micro-nutrients and can be more convenient and less likely to spoil (7 Trusted Source).

Because dried fruits are energy dense,

they're excellent for people trying to gain weight. However, they're high in natural sugars, so it's best to combine them with a source of healthy fat or protein to minimize the potential negative effects on your blood sugar (8 Trusted Source).

Here are some high-calorie, dried fruits that can help you gain weight.

#### 5. Dates

One date (24 grams) provides the following nutrients (9 Trusted Source):

- Calories: 66.5
- Protein: 0.4 grams
- Fat: 0.1 grams
- Carbs: 18 grams
- Fiber: 1.6 grams
- Potassium: 4% of the DV
- Magnesium: 3% of the DV

These fruits are also a good source of copper, manganese, iron, and vitamin B6.

#### 6. Prunes

Prunes are dried plums that pack a nutritional punch.

A 1-ounce (28-gram) serving of prunes provides the following nutrients (10 Trusted Source):

- Calories: 67
- Protein: 0.6 grams
- Fat: 0.1 grams
- Carbs: 18 grams
- Fiber: 2 grams

- Vitamin K: 14% of the DV
- Potassium: 4.4% of the DV

Prunes are also known for their ability to alleviate constipation. Their fiber content can help add bulk to your stool and speed its transit through your gut (11 Trusted Source).

#### 7. Dried apricots

Apricots are a popular yellow stone fruit that can be enjoyed both fresh and dried.

A 1-ounce (28-gram) serving of dried apricots provides the following nutrients (12 Trusted Source):

- Calories: 67
- Protein: 0.8 grams
- Fat: 0.1 grams
- Carbs: 18 grams
- Fiber: 2 grams
- Vitamin A: 6% of the DV
- Vitamin E: 8% of the DV

The bottom line  
There are plenty of higher-calorie, nutrient-dense fruits that can support optimal health and help you gain weight.

Incorporating a few of the above fruits into your meals or snacks can help increase your daily calorie intake and aid healthy weight gain.

In addition, combining these fruits with a source of protein or fat can add extra calories while ensuring your blood sugar levels stay stable.

## Iran climbs to 9th place among world's top steel producers: WSA

Iran is ranked ninth among the world's top steel-producing countries, rising one place in the list of the world's top steel-makers, according to the World Steel Association.

As reported by the Iranian Mines and Mining Industries Development and Renovation Organization (IMIDRO), based on the WSA data the Islamic Republic produced 2.7 million tons of steel in the first month of 2023.

The figure shows a 27.7 percent hike compared to the corresponding month of the preceding year.

As reported, the world's top steel-producing countries produced 145.3 million tons of crude steel in January to register a 3.3-percent decline, year-on-year.

During the mentioned month, China produced 79.5 million tons, becoming the top steelmaking country in the

world. India produced 10.5 million, ranking second, followed by Japan with the production of 7.2 million tons of crude steel.

The Iranian Steel industry has been constantly developing over the past years against all the pressures and obstacles created by outside forces like the U.S. sanctions and the coronavirus outbreak that has severely affected the performance of the world's top producers.

Earlier this month, the WSA reported that Iran's crude steel production increased by eight percent in 2022 when the production by the world's top 64 steelmakers declined by 4.2 percent.

Iran was ranked first among the world's top steel producers in terms of production growth in the previous year. Based on the WSA data, Iran produced 30.6 million tons of crude steel in the

mentioned year. Meanwhile, WSA stated that crude steel production by the world's top 64 producers fell 4.2 percent to stand at 1.787 billion in 2022.

Production by Europe's major steel producers also declined significantly last year so that Germany's production declined by 8.4 percent, Italy experienced negative growth of 11.6 percent, France's output declined by 13.1 percent, Spain registered a negative 19.2 percent growth and the UK a 15.6 percent decline in steel production.

According to the World Steel Association, Iran was the world's 10th top steel producer over the past two years, after countries like China, India, Japan, and Russia. The country is expected to climb to seventh place among the world's top steel producers by the Iranian calendar year 1404 (March 2025).

## 6,800 tons of products produced in Kordestan greenhouses per annum

As announced by a provincial official, 6,800 tons of products are produced in greenhouses of Kordestan province, in the west of Iran, per annum.

Peyman Eskandari, the head of the province's Agriculture Department, said, "Currently, this amount of crop is harvested from 37 hectares of greenhouse area and we predict that this amount will be doubled by next [Iranian calendar] year (starts on March 21)."

The official further stated that his department's planning for the next four years is to reach 200 hectares of greenhouse cultivation in Kordestan, and if this goal is achieved, the two sectors of production and employment in the province will experience significant growth.

Eskandari has previously said that greenhouses have been established and started activity on over 10 hectares of lands in Kordestan province in the current Iranian calendar year (started on March 21, 2022).

He also has said that greenhouses will be also established on over 30 hectares of land in the province by the end of the next Iranian year (March 20, 2024).

The official emphasized the development of greenhouse cultivation with the efforts of national and provincial officials.

In recent years, the water crisis has caused serious challenges in

Iran's agriculture sector.

To solve this problem, several solutions, including the implementation of pressurized irrigation project and greenhouse cultivation, have been emphasized by experts and officials in this sector. Iranian Agriculture Ministry's Greenhouse Development Program is one of the priority projects of this ministry which aims at increasing productivity, efficiency, and water consumption management in the agriculture sector.

The program was approved in the Iranian calendar year 1395 (ended on March 20, 2017) under the framework of the National Resistance Economy Plan.

The development of the country's agricultural parks and greenhouses not only is going to create new job opportunities but also increases the country's non-oil exports and helps preserve the environment and the national water and soil resources.

Due to the growing need of the market for flowers and ornamental plants, as well as off-season vegetables and summer crops, greenhouse cultivation has become one of the most profitable agricultural sectors today.

Cultivation in the controlled space of the greenhouse will have an average of 10 times higher yield per unit area than outdoor cultivation due to suitable environmental conditions.





