



9 Health and Nutrition Benefits of Red Leaf Lettuce

محلّه محوری، اهمیت دادن به نقش مردم و محور قرار دادن مسجد، مدرسه و خانواده در محله، به حل مشکلات اجتماعی کمک می‌کند و حتی با اداره محلات توسط مردم می‌توان در توزیع عادلانه اقتصادی و شناخت فقر و ناهنجاری‌ها نیز تصمیمات درستی گرفت.

کارشناس شهرسازی

چهره روز

مدیر کل سازمان زمین‌شناسی استان اصفهان:

اکتشافات ژئوفیزیک هوایی اصفهان محدود است

مدیر کل سازمان زمین‌شناسی استان اصفهان با بیان اینکه با رویه فعلی اکتشافات تا ۱۲ سال آینده دیگر ذخایر آهن در کشور نداریم، گفت: بهترین روش اکتشاف برای تشخیص ذخایر آهن، روش ژئوفیزیک هوایی است، اما اصفهان جزو معدود استان‌هایی است که اکتشافات ژئوفیزیک هوایی را به صورت بسیار محدود انجام داده است.

مدیر کل فرودگاه‌های استان اصفهان خبر داد:

اعزام بیش از ۴۴۰۰ زائر خانه خدا از فرودگاه بین‌المللی شهید بهشتی

مدیر کل بیمه سلامت استان اصفهان:

۵۰۰ هزار اصفهانی رایگان تحت پوشش بیمه سلامت قرار گرفتند

با هدف بهبود شرایط آبرسانی در محدوده آبفای منطقه ۳ شهر اصفهان صورت گرفت:

اتصال شبکه آبرسانی محله رهنان به خط انتقال آب خیابان شهید فهمیده

در همایش «آشنایی با خدمات و تسهیلات شرکت انبارهای عمومی و خدمات گمرکی» تاکید شد:

آمادگی زیر ساخت‌های گمرک اصفهان برای توسعه ارائه خدمات گمرکی به فعالان اقتصادی

۶ خطای ذهنی که نمی‌گذارند تصمیم درست بگیریم:

۲۰ گرفتن با فکر و استراتژی

امروزه در مبارزه با فساد، خرمشهرها پیش‌روست

رییس کل دادگستری اصفهان:

مدیر کل میراث فرهنگی اصفهان مطرح کرد: توسعه صنعت گردشگری در اصفهان مستلزم احداث موزه استاندارد

قابل توجه شهروندان گرامی آیامی دانید با مفقود شدن مدارک شناسایی خود ممکن است شما به عنوان مجرم شناخته شوید؟

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مناقصه عمومی یک مرحله‌ای فراخوان ۳۰۰۰۹۲۹۴۳۰۰۰۰۰۳

شهر داری کهریزسنگ در نظر دارد فراخوان انجام عملیات زیرسازی، جدولگذاری، کانیوگذاری و لوله‌گذاری معابر سطح شهر کهریزسنگ به شماره (سیستمی) ۳۰۰۰۹۲۹۴۳۰۰۰۰۰۳ را از طریق سامانه تدارکات الکترونیکی دولت برگزار نماید.

کلیه مراحل برگزاری فراخوان از دریافت و تحویل اسناد فراخوان تا بازگشایی پاکت‌ها از طریق درگاه سامانه تدارکات الکترونیکی دولت (ستاد) به آدرس www.setadiran.ir انجام خواهد شد.

متقاضیان شرکت در فراخوان در صورت عدم عضویت در سامانه، نسبت به ثبت نام و دریافت گواهی امضای الکترونیکی (به صورت برخط) برای کلیه صاحبان امضای مجاز و مهر سازمانی اقدام لازم را به عمل آورند.

مواعد زمانی:

تاریخ انتشار فراخوان: ۱۴۰۱/۲/۲۸
مهلت ارسال پیشنهادات: ۱۴۰۱/۳/۱۶
مهلت در یافت اسناد فراخوان: ۱۴۰۱/۳/۳
زمان بازگشایی پاکت‌ها: ۱۴۰۱/۳/۱۷

نوع و مبلغ تضمین شرکت در فرایندار جاع کار: ضمانت نامه یا فیش بانکی

اطلاعات تماس و آدرس دستگاه: اصفهان، نجف آباد، کهریزسنگ، خیابان ولیعصر، کوی ششم ساختمان شهرداری

کدپستی: ۸۵۸۶۱۵۴۹۸۱ تلفن تماس: ۰۳۱۴۲۳۲۳۲۳۴۴

شناسه: ۱۳۱۹۵۲۰

آگهی مزایده مرحله اول

چاپ اول

شهر داری کلیشاد و سودر جان به استناد مصوبه شماره ۱۴۰۱/۶/۴۶۸۰ مورخ ۱۴۰۱/۱/۲۱ شورای محترم اسلامی شهر در نظر دارد نسبت به اجاره دادن ۴۰ متر مربع زمین واقع در پارک ساحلی جنب محوطه بازی کودکان جهت نصب و راه اندازی چرخ و فلک را به متقاضیان واجد شرایط واگذار نماید. لذا از متقاضیان واجد شرایط دعوت می‌گردد مطابق اطلاعات ذیل به شهر داری مراجعه نمایند.

محل در یافت اسناد مزایده: واحد دبیر خانه شهرداری می باشد.

محل تحویل اسناد مزایده: واحد دبیر خانه حراست شهرداری می باشد.

* شرکت کنندگان باید سپرده ای معادل ۵ درصد اعتبار در نظر گرفته شده را معادل مبلغ ۵/۴۰۰/۰۰۰ ریال به حساب سپرده شهرداری واریز و یا نسبت به صدور ضمانت نامه بانکی در وجه شهرداری تحت عنوان سپرده شرکت در مزایده اقدام نمایند.

* برندگان اول، دوم و سوم مزایده هر گاه حاضر به انعقاد قرارداد نشوند سپرده آنان به ترتیب ضبط خواهد شد.

* سایر اطلاعات و جزئیات مربوط به معامله در اسناد مزایده مندرج می باشد.

* شهرداری در رد و قبول هر یک از پیشنهادهای مختار است.

شناسه: ۱۳۲۳۴۶

مدیر روابط عمومی باشگاه گیتی‌پسند خبر داد:

گیتی‌پسند پایه رکاب شدن

اصفهان تمرینات خود را با حضور تمام بازیکنان و کادر فنی زیر نظر کشاورز آغاز کرد. وی افزود: بازیکنانی چون سپهر محمدی، سعید احمد عباسی، علی اصغر حسن زاده، فرهاد تولگی، مهدی کریمی، علیرضا قایمی، میثم خیام، مسعود یوسف و بهزاد رسولی در این فصل نیز با تیم همراه هستند. همچنین علی مروتی، ابوالقاسم عروجی، رضا قنبری و محمد حسین

تمرینات تیم فوتسال بزرگسالان گیتی‌پسند برای لیگ برتر فوتسال ۱۴۰۱ آغاز شد. جواد شریف در گفت‌وگو با ایسنا، با اشاره به آغاز تمرینات تیم فوتسال گیتی‌پسند برای حضور شایسته در فصل پیش رو و دفاع از عنوان قهرمانی فصل گذشته، اظهار کرد: گیتی‌پسند به عنوان قهرمان فصل گذشته لیگ برتر فوتسال باشگاه‌های کشور در سالن پیروزی

مدیر کل کمیته امداد استان اصفهان خبر داد:

پرداخت ۴۴ میلیارد تومانی کمک هزینه فرانشیز مددجویان در سال ۱۴۰۰

سازمان کمیته امداد استان اصفهان با اعلام خبر اینکه فرانشیز مددجویان در سال ۱۴۰۰ به مبلغ ۴۴ میلیارد تومان پرداخت شد، اظهار داشت: این مبلغ در راستای حمایت از تولید و اشتغالزایی است.

مدیر کل کمیته امداد استان اصفهان با اشاره به اینکه ۱۳۱ هزار و ۴۶۱ خانوار در سطح استان، تحت حمایت کمیته امداد هستند، گفت: مصوبه هیأت مدیره کمیته امداد استان اصفهان در راستای پرداخت ۴۴ میلیارد تومانی کمک هزینه فرانشیز مددجویان در سال ۱۴۰۰ به مبلغ ۴۴ میلیارد تومان پرداخت شد. این مبلغ در راستای حمایت از تولید و اشتغالزایی است.

در نخستین جشن ملی روابط عمومی:

اولین تولید کننده فولاد ایران، جایزه برنامه ریزی را دریافت کرد

اخبار اصفهان: نخستین «جشن ملی روابط عمومی» و بیستمین دوره جایزه صنعت روابط عمومی ایران توسط انجمن‌های مختلف حوزه روابط عمومی با حضور سعیدرضا عاملی دبیر شورای عالی انقلاب فرهنگی و جمعی استانی، متخصصان، مدیران و کارشناسان عرصه روابط عمومی و ارتباطات از سراسر کشور، سه شنبه بیست و هفتم اردیبهشت ماه در تالار وحدت برگزار شد. در این آیین که با تقدیر از فعالان و پیشکسوتان روابط عمومی کشور همراه بود، جایزه برنامه ریزی به علیرضا امیری مدیر روابط عمومی ذوب آهن اصفهان به عنوان اولین تولید کننده فولاد در ایران، اهدا شد.

علیرضا امیری با تبریک این موفقیت به کارکنان تلاشگر روابط عمومی ذوب آهن اصفهان به خبرنگار ما گفت: بدون تردید نقش کلیدی صنعت فولاد در رشد و توسعه بخش‌های گوناگون جامعه اعم از اقتصاد، اشتغال، عمران، خودکفایی و

... انکارناپذیر است. متخصصان روابط عمومی با تعریف استراتژی‌های روز به بهره‌گیری از ابزارهای متنوع، ضمن اطلاع‌رسانی دستاوردهای نگاه‌های صنعتی، چالش‌ها و فرصت‌های پیش روی تولید و توسعه آن‌ها را برای گروه‌های مختلف ذینفعان تبیین می‌نمایند. وی افزود: روابط عمومی ذوب آهن اصفهان با انتشار هفته‌نامه آتشکار و ماهنامه تخصصی فولاد از دهه ۴۰، انتشار کتاب به منظور مکتوب نمودن خاطرات و تجربیات بنیانگذاران اولین صنعت فولاد کشور به عنوان یک سند ماندگار برای انتقال دانش به نسل‌های آینده و همچنین ثبت و ضبط خاطرات شهدا، جانبازان و ایثارگران، حضور فعال در شبکه‌های اجتماعی و نمایشگاه‌های داخلی و خارجی، ساخت مستند با موضوعات متنوع، برگزاری برنامه‌های فرهنگی و اجتماعی، تعامل با جامعه پیرامون و ... همواره تلاش داشته است از ارتباط دوسویه با مخاطبان را حفظ و توسعه دهد.

Banks finance over 5,400 SMEs, semi-finished projects in a year

Iranian banking system has provided 240.314 trillion rials (about \$937.3 million) of financial facilities to 5,410 small and medium-sized enterprises (SMEs) over the previous Iranian calendar year (ended on March 20), according to the latest report by Industry, Mining and Trade Ministry. As IRIB reported, the mentioned facilities were paid under the framework of the Industry Ministry's program for financing SMEs and semi-finished projects with over 60 percent progress. Based on the report, over 17,158 units applied for the mentioned facilities during the previous year among which 9,500 were eligible to receive the loans.

The number of paid loans to SMEs and semi-finished projects increased by 13 percent compared to the Iranian calendar year 1399 (ended on March 20, 2021) while the value of the paid facilities also increased by 7.3 percent.

Over the past three years, the Central Bank of Iran (CBI) has been collaborating with the Industry, Mining, and Trade Ministry for implementing a program based on which bank facilities are provided to SMEs and semi-finished projects.

The mentioned facilities are mainly provided for renewing machinery, equipping production units, or completing semi-finished projects.

In early May 2019, Former CBI Governor Abdolnaser Hemmati had outlined CBI plans for neutralizing or relieving the impact of U.S. sanctions on the country's economy and mentioned providing liquidity and working capital to maintain and boost domestic production as one of those plans. CBI's plans take two major approaches, one of which is to secure finance for production activities and also to provide the working capital needed for such activities.

Kazakhstan calls for expansion of maritime co-op with Iran

Kazakhstan has called on Iran to take the necessary measures for the expansion of cooperation between the ports of the two countries, the portal of Iranian Ports and Maritime Organization (PMO) reported.

As reported, a delegation from Kazakhstan's ports and rail transportation sectors including Chairman of the Executive Board of the country's Aktau port Turikpenbaev Abay Nogaevich visited Iran on Sunday and held a meeting with PMO's Director-General for Port Affairs Jalil Eslami to discuss ways of expanding mutual collaborations.

In the meeting, the Kazakh side emphasized that the two countries can also increase interactions between the ports of the countries in the region.

The head of the Kazakh delegation noted that his country is able to send up to six million tons of goods to Iran through railway, stressing that the capabilities of Shahid Rajaei port for distributing and transiting goods in the region are much more than the current volume.

"It is possible for us to transit a significant volume of goods, including coal, from Kazakhstan to Iran and then to third countries," the official said.

He underlined the history of cooperation between his country and Iran's northern ports, saying: "We can cooperate with Iran as a friend and brother country with greater capacity in terms of cargo and transit."



Realizing CNG potentials through dual-fuel cars: merits and challenges



Holding nearly 18 percent of the global gas reserves, Iran is one of the most hydrocarbon-rich areas in the world, and the country's giant South Pars gas field, which Iran shares with Qatar in the Persian Gulf, is by far the world's largest natural gas field. Despite having abundant natural gas resources, the Islamic Republic is also one of the world's leading gasoline consumer countries, and a great part of the country's 100-million-liter gasoline output is used inside the country, while the exports of the mentioned fuel can be an excellent source of income for the country and less gasoline

consumption would also mean less air pollution and a cleaner environment. **Promoting CNG consumption by making dual-fuel cars** Tackling this issue, the Iranian government has been promoting the use of Compressed Natural Gas (CNG) as a replacement for gasoline over the past few years and has declared the CNG the country's national fuel. Following the above-mentioned declaration, in December 2019, the National Iranian Oil Refining and Distribution Company (NIORDC) and Iran's state-owned Iran Khodro Company (IKCO) signed a memorandum of understanding (MOU) to add

new dual-fuel vehicles to the country's public transportation fleet. The mentioned MOU was signed following a resolution by the Government Economic Council that targeted adding 1.46 million dual-fuel vehicles to the public transportation fleet. Now, over two years after the beginning of the said program, about 200,000 vehicles have become dual-fuel and 350 million liters of gasoline are saved, according to a member of the country's CNG Industry Association. "In the last two years, conversion of about 200,000 vehicles to dual-fuel has resulted in a

saving of 350 million liters in gasoline consumption, and it is expected that higher savings will be achieved with the full implementation of the Government Economic Council's resolution in this regard," Navid Khaseh-Baf said in a press conference on Saturday.

According to Khaseh-Baf, although the goal of the program was only to turn the public transportation fleet into dual-fuel vehicles, later the resolution was amended and other passenger cars and cars affiliated with online transportation services like Snap were also allowed to be included in this program. Based on the new amendments, the government pays for 75 percent of the conversion costs through bank loans offered to the car owners.

As mentioned earlier, increasing the number of the country's dual-fuel cars would mean a reduction in gasoline consumption; this gasoline could be exported and the earned revenues could be used for further development of such CNG-promoting programs.

Necessary infrastructure must be developed

In order for the government's CNG promoting programs to succeed, the necessary infrastructure must be also developed. Some experts believe that although the government is promoting the use of CNG as the national fuel, the necessary infrastructure for the transition from gasoline to CNG is not well prepared in the country.

In an interview with Eghtesad Online, Hamidreza Salehi, the deputy head of Iran Chamber of Commerce, Industries, Mines

and Agriculture (ICCIMA)'s Energy Committee, said: "One of the most important infrastructures needed for promoting CNG consumption is setting up enough CNG stations across the country, which unfortunately are not well provided even in metropolises such as Tehran."

"Many provinces lack enough gas stations, Sistan-Baluchestan is one of the most prominent examples in this regard," he added.

"Government is inviting people to change their cars into dual-fuel ones; however, we see little changes in infrastructure and in the number of CNG stations, this could result in long lines at CNG stations and could add to the problem," he said.

In addition to the mentioned infrastructure, Salehi believed that another important aspect of the issue is the lack of education and cultural promotion of proper and optimized fuel consumption.

What should be done

Constructing new CNG stations in the country in order for people to have easy access to the fuel; monitoring the country's auto industry in order to produce high-quality dual-fuel vehicles, and also supervising the process of converting gasoline-fuel cars into dual-fuel ones in order to prevent equipment-related safety hazards, and finally teaching people about the merits of using clean fuels and the impact which they would have on the environment, can be mentioned as some of the ways through which the government would be able to successfully implement its plans for establishing CNG as the national fuel.

ICCIMA board of representatives holds 22nd meeting to discuss economic issues

The board of representatives of Iran Chamber of Commerce, Industries, Mines and Agriculture (ICCIMA) held its 22nd meeting on Sunday during which various economic issues including the elimination of the subsidized foreign currency allocations for the import of basic goods, were discussed.

As reported by the ICCIMA portal, the meeting, which was the first gathering of the ICCIMA board members in the current Iranian calendar year (started on March 21), was chaired by the ICCIMA Head Gholam-Hossein Shafeie.

Speaking in the meeting, Shafeie touched upon major topics including the importance of knowledge-based production, the recent accusations leveled against the ICCIMA, the government's new economic policies, and the elimination of the import duty exemption for manufacturing and industrial machinery. The official further criticized the government's disregard for the private sector's proposals in the process of eliminating subsidized foreign currency allocations. He called on the government to consider people's livelihood as the priority before implementing any economic program or reform plan. "The stability of macroeconomic variables, especially the exchange rate, is the first important issue. Another point is that changing the pricing mechanisms does not improve the production process alone," he said.

SAIPA allocates 35,000 cars' sales capacity to implement Family & Youth Support Plan

Deputy Managing Director of SAIPA Automotive Manufacturing Group Company for Sales & Marketing Affairs said that SAIPA has offered 35,000 vehicles for sales in line with implementation of a plan to support Iranian households.

Hossein Kazemi made the remarks on Saturday and emphasized that SAIPA Auto Manufacturing Company has not any restriction in registering applicants in line with implementation of a plan to support family and youth population in the country. In a new sales plan within the framework of an integrated system, SAIPA Automotive Manufacturing Group Company has considered a significant capacity for applicants of Family and Youth Population Support Plan based on the scheduled program, as many as 35,000 cars, he added. After announcing the law on Supporting Family and Youth Population Plan in the Islamic Consultative Assembly (Iranian Parliament also called Majlis), "We have implemented a number of eight projects in SAIPA Automotive Manufacturing Group Company since last year and so far 3,500 people have completed their final registration at the plan." Referring to producing high-quality cars and realizing 85 percent objectives of car production at the company, the deputy managing director of the company said that the daily production of 1,800 units of car, which has been achieved with the nonstop and unflinching efforts of industrious workers, engineers, and managers of the Group, "We have no restrictions on the registration of applicants in the implementation of the Family and Youth Population Support Scheme."

Over 4,800 ha equipped with modern irrigation in South Khorasan in a year



As announced by a provincial official, 4,808 hectares of farmlands were equipped with modern irrigation systems in South Khorasan province, in the east of Iran, during the past Iranian calendar year (ended on March 20).

Akbar Mohammadi, the director of water, soil and technical-engineering affairs department of the province's Agriculture Department, also said that modern irrigation systems are being established in 12,034 hectares of farmlands in the province. Modern irrigation systems are being established in the counties of the province without any limitation, he added.

The official further announced that 430 hectares of farmlands were equipped with the mentioned systems during the first month of the current Iranian calendar year (March 21-April 20).

As stated by the project manager of the Agriculture Ministry's smart irrigation systems development program, so far 2.6 million hectares of the country's farmlands have been equipped with modern irrigation systems.

Fariborz Abbasi has said that completing semi-finished agriculture projects is the priority of his ministry in the current Iranian calendar year, and expanding the modern irrigation network across the country is of significant importance in this regard.

The deputy agriculture minister noted that the project for implementing irrigation networks in the west and northwest of the country is about 70 percent completed and the ministry is pursuing to get the necessary funding for the remaining 30 percent. The official expressed hope that considering the budget allocation for the provinces at the beginning of

the current Iranian year, the ministry would be able to develop the project in terms of both quantity and quality. The purpose of implementing the plan of modern irrigation systems is to increase the productivity and sustainability of water and soil resources in the country to ensure the sustainable production of agricultural products.

"Over the past three years, each year, an average of 150,000 hectares of farmlands have been equipped with modern irrigation systems, and we have witnessed a 300 percent jump", the official said.

Agriculture Ministry is also taking the necessary measures for supporting the domestic manufacturing of equipment used in these systems, he added.

Back in September 2021, Abbasi had said that 95 percent of the equipment used in such systems is manufac-

tured inside the country.

The official said the ministry has comprehensive plans for indigenizing the knowledge for the production of the other five percent as well.

He pointed to the filters and drippers in modern irrigation systems as the equipment whose domestic production is on the agenda and predicted: "In a two- or three-year plan, part of the imported equipment and supplies will be produced by domestic manufacturers."

Abbasi mentioned the quality improvement of modern irrigation systems as one of the main strategies of Agriculture Ministry and said: "We believe that along with the quantitative development of new irrigation systems, quality improvement should also take place to improve productivity and ensure food security by increasing water efficiency in the best possible way."

He further underlined educating farmers, officials, and managers of companies active in the field of production and implementation of new irrigation systems as one of the programs that his ministry is pursuing in order to improve the quality and optimal use of these systems.

Referring to the activity of 2,400 private companies in the development of new irrigation systems in the agricultural sector, Abbasi said: "The private sector in this field includes 350 consulting companies, 1,600 contractors, 400 manufacturers and suppliers of equipment, and a number of monitoring firms."

